









# TOYS AND FASHION JEWELRY





# Toxic chemicals in toys and fashion jewelry

- Some of the toxic chemicals found in plastic toys are: PVC and phthalates.
- Some of the toxic chemicals found in fashion jewelry are: lead and cadmium.

# How are these chemicals impacting your children?

- PVC and phthalates are linked to cancer, hormone disruption and immune system damage.
- Lead and cadmium are linked to brain damage.

# How do I know if my child's toys and/or jewelry contain toxic chemicals?

 Toys and jewelry often do not have labels that list what chemicals they contain.

#### What are the safer alternatives?

- Wood Toys
- Manufacturers that do not use PVC in any of their products:
- Brio
- Gerber
- Lego
- Safety 1st
- Battat
- The only safe alternative for children's jewelry is not to buy it.

Go to <a href="http://www/healthystuff.org">http://www/healthystuff.org</a> to search for toys and find out whether they contain chemicals of concern.

# ETHNIC HAIR CARE HAIR CARE



#### HAIR RELAXER

#### Some chemicals of concern are:

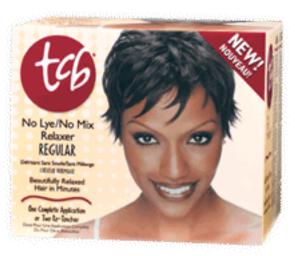
- OCTOXYNOL-40: Skin, eye, lung irritation, linked to cancer and immune system toxicity.
- DMDM: Often contaminated with formaldehyde, which is linked to cancer.
- COUMARIN: Immune system toxicity, reproductive harm, cancer.
- BHA: Immune system toxicity, cancer, hormone disruption, organ toxicity.

#### **Most Toxic Hair Relaxers**









#### **Most Toxic Hair Relaxers**

Some of the health impacts linked to these products are:

- Hormone Disruption
- Cancer
- Developmental/Reproductive Toxicity
- Non Reproductive Organ Toxicity





#### **Bodiphier Natural Hair Relaxer:**

- The key ingredient is soda ash also known as " sodium carbonate", which is an alkaline material used in industrial applications from food preparation to pool sanitization.
- Sodium carbonate raises the PH of the product and allows it to soften the chemical bonds in the hair. Once the chemical bonds are relaxed the hair becomes straighter
- Sodium hydroxide the active ingredient in true relaxers is more caustic than sodium carbonate.
- Bodiphier is a more gentle, but less effective way to straighten hair

Go to <a href="http://www.bakabeauty.com">http://www.bakabeauty.com</a> to find out more about this product.

#### Baka Natural Laxer

- Ingredients: Sahara Clay, Myrtle, Rose Petals, Fenugreek, Nettle, Sage.
- Product is complicated and messy.
- Subtly loosens curls.
- Will not straighten hair like a conventional relaxer.

Go to <a href="http://www.treasuredlocks.com/">http://www.treasuredlocks.com/</a> to find out more about this product.

### CHILDREN'S HAIR CARE





#### Children's Hair Relaxer



#### Hair Conditioner





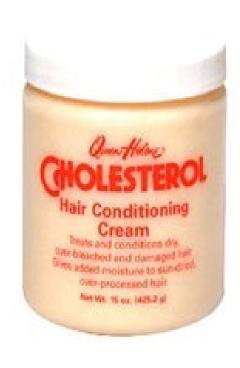


#### HAIR CONDITIONER

#### Some chemicals of concern are:

- Placental Extract: Estrogen, progesterone mimicker.
- Propylparaben: Cancer, hormone disruption, developmental/reproductive toxicity.

### Most Toxic Hair Conditioners



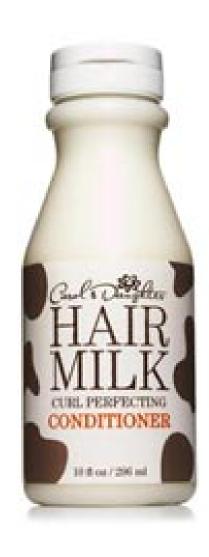




#### **Most Toxic Hair Conditioners**

Some of the health impacts linked to these products are:

- Hormone Disruption
- Cancer
- Non Reproductive Organ Toxicity
- Developmental/Reproductive Toxicity



#### Carol's Daughter Hair Milk

- Is Paraben-Free.
- Does not contain ingredients linked to cancer or developmental/reproductive toxicity.
- It does contain ingredients linked to skin, eye and lung irritation.

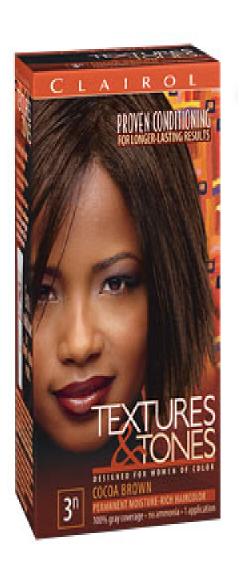
Go to www.carolsdaughter.com/ to find out more about this product.

Pretty Natural Healthy Roots Leave-In Moisturizing Oil Conditioner

- Ingredients: Shea Butter, Virgin Coconut oil, Organic Jojoba, Palm oil, olive oil, Castor Seed oil, Vitamin E, grapefruit seed extract, rosemary extract, and a proprietary essential oil blend that includes lavender.
- Contains castor oil which is linked to developmental/reproductive toxicity.

Go to http://www.prettynatural-inc.com/ to find out more about this product.

### HAIR DYE





#### HAIR DYE

#### Some chemicals of concern are:

- COUMARIN: Immune System Toxicity, Reproductive Harm, Cancer.
- P-PHENYLENEDIAMINE: Hormone Disruption, Cancer, Immune System Toxicity.
- RESORCINOL: Hormone Disruption, Immune System Toxicity, Cancer.
- COAL TAR: Cancer
- P-AMINOPHENOL- Organ Toxicity, Immune System Toxicity, Reproductive Harm.

# **Most Toxic Hair Dyes**





94 EBONY



# **Most Toxic Hair Dyes**

Some of the health impacts linked to these products are:

- Cancer
- Developmental/Reproductive Toxicity
- Neurotoxicity
- Hormone Disruption



Henna is a natural plant coloring for the hair;
 made from the powdered leaves of a desert shrub plant, Lawsonia.

#### Colora Henna Powder

- Ingredients: Indigo, Petals of Centaurea, Lichen, Litmus and Henna.
- Twigs and sticks in the powder that are difficult to wash out of your hair.

Go to <a href="http://www.coloraproducts.com/">http://www.coloraproducts.com/</a> to find out more about this product.

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# **Household Cleaners**



#### Household Cleaners

#### Some chemicals of concern are:

- Formaldehyde- Allergies, Cancer, immune system damage, asthma and ADD/ADHD.
- Phenols- Caustic burns, kidney and liver damage and hyperactivity.
- Sodium hydroxide- Eye damage, skin irritation, and genetic damage.
- 1-Proproxyethanol- Eye damage and reproductive problems.
- Monoethanolamine- Eye damage, skin irritation, impaired liver function, and birth defects.

### Most Toxic Household Cleaners







#### Most Toxic Household Cleaners

Some health impacts linked to these products are:

- Eye damage, skin irritation, impaired liver function, and birth defects.
- Reproductive problems.
- Central Nervous System Effects.
- Death.



- Don't be fooled by "green" or eco-friendly labels.
- Look for products that have Green Seal, EcoLogo or DfE Label (U.S. EPA's Design for the Environment).







#### Additional Resources

 U.S. Department of Health and Human Services, Household Products Database, Health and Safety Information on Household Products

http://householdproducts.nlm.nih.gov/

